

Psychopathology AQA(A)- Keeping tracks...

	Paper 2 AS Level	Paper 1 A Level	Practise Questions	Knowledge AO1	Can Apply AO2	Can Evaluate AO3	Need to Revise? ☹/☺
Definition of abnormality: Statistical Infrequency + limitations	✓	✓					
Definition of abnormality: deviation from social norms + limitations	✓	✓					
Definition of abnormality: failure to function adequately + limitations	✓	✓					
Definition of abnormality: deviation from ideal mental health + limitations	✓	✓					
The behavioural, emotional and cognitive characteristics of phobias	✓	✓					
Behavioural Approach to explaining Phobias, including: The two-process model – Classical and Operant Conditioning	✓	✓					
Behavioural Approach to treating Phobias, including: Systematic Desensitisation (including relaxation and use of hierarchy), Flooding	✓	✓					
The behavioural, emotional and cognitive characteristics of depression	✓	✓					
Cognitive Approach to explaining Depression, including: Beck's Negative Triad and Ellis's ABC Model	✓	✓					
Cognitive Approach to treating Depression, including: Cognitive Behavioural Therapy (CBT) – Challenging irrational thoughts	✓	✓					
The behavioural, emotional and cognitive characteristics of OCD	✓	✓					
Biological Approach to explaining OCD, including: Genetic and Neural Explanations	✓	✓					
Biological Approach to treating OCD, including: Drug Therapy	✓	✓					

